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The New
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Ultimate model shown ♦

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The
2017 Accent
L 6MT 4-Door

GLS model shown ♦

The New
2017 Santa Fe Sport

Ultimate model shown ♦

The
2017 Sonata

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Dealer Invoice Price PLUS

Get up to **\$654** | And **\$3,988**
in Dealer Invoice price adjustments | Cash Bonus

Now **\$9,357***

OR

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Financing | PLUS Dealer Invoice Pricing on the 2017 Accent SE

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Financing | Months*

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Halifax metro



**A MAMMOTH
SIZED
QUESTION**

Should we bring them back?
metroSCIENCE

Your essential daily news | WEEKEND, MAY 5-7, 2017

High 12°C/Low 7°C Mostly cloudy

SLOW DOWN.

Colour

How these Halifax
cafés are marking
Mental Health Week
metroNEWS

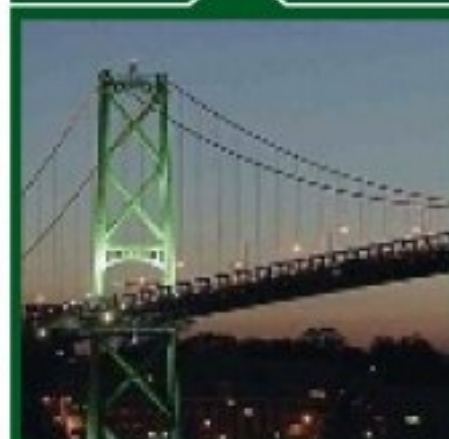


Izzy Dempsey at the Local Jo Cafe Thursday, while colouring a page from Halifax Fusion's mindfulness project.
HALEY RYAN/METRO



FORCED OFF MESSAGE

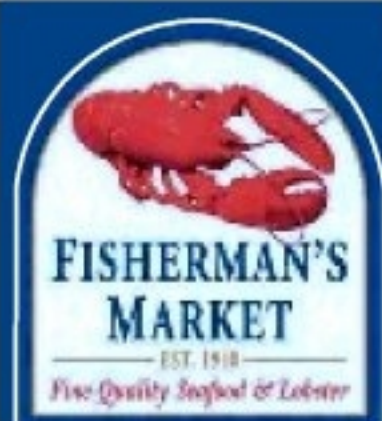
Premier under fire
on the campaign
trail for rehiring
man involved in
domestic assault



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Big Lift closure a
boon for Dartmouth
businesses

metroNEWS



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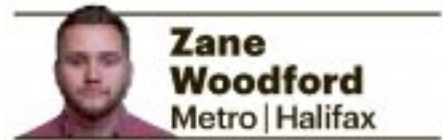
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Jury sees video of Samson

COURT
Footage shows Samson in Sandeson's apartment



The jury in William Sandeson's first-degree murder trial saw video from his own surveillance system Thursday showing Taylor Samson walking down the hallway and into Sandeson's apartment on the night he was last seen alive.

Sandeson, 24, is accused of killing Samson, 22, in his apartment the night of Aug. 15, 2015. Samson's remains were never found.

In Nova Scotia Supreme Court on Thursday, the jury of seven women and seven men saw video from that night, taken on the surveillance system Sandeson had installed in the hallway of his apartment building, just above his door.

According to the time stamp on the video, he and Samson walked down the hallway and into his apartment at 10:26 p.m. on Aug. 15, 2015. Samson was carrying a large black duffel bag. He is never seen leaving the apartment.

Minutes later, the video shows two men came from across the hallway from the other apartment in the building and looked into Sandeson's apartment twice.

The second time, they lin-



Left: William Sandeson looks into the camera in a Halifax police interview room during his videotaped interview. Right: Taylor Samson walks down the hallway to William Sandeson's apartment in a screen shot of Sandeson's own surveillance video, shown to the jury in his first-degree murder trial on Thursday. SCREENSHOT

gered in the doorway to Sandeson's apartment, and eventually walked down the hallway to the building's exit.

On the witness stand in court, Halifax Regional Police Det. Const. Roger Sayer told the jury that one of those two men was Sandeson's neighbour, and police later interviewed both men about what they saw that night.

The jury also saw video of Sandeson leaving the apart-

ment in the days afterwards carrying garbage bags, and wearing gloves.

In one video, Sandeson left his apartment wearing a black backpack, and carrying a large white box with a grocery bag on top.

Sayer told the jury that those items took on more significance in the investigation when police searched an apartment on Chestnut Street a few days later and found the same



box and grocery bag with 20 pounds of marijuana in them.

In her opening statement to the jury, Crown attorney Susan MacKay told the jury police found those items at Sandeson's brother's house — and she said DNA with a profile matching Samson's was found on them.

On Thursday, the jury also saw the end of Sandeson's videotaped statement to police on Aug. 19, 2015. In that video,

police photograph Sandeson, and have him take off his own clothes and put on a one-piece suit before taking him down to cells.

The officer photographing Sandeson noticed he had marks on his right shoulder, and photographed them, along with his head, knuckles and abdomen.

The trial is expected to resume Monday morning in Nova Scotia Supreme Court.

CRIME
Police chief charged with sex assault

The police chief in Bridgewater, N.S., has been charged with sexually assaulting a teenaged girl.

The province's Serious Incident Response Team said Thursday it learned of allegations against 53-year-old John Collyer from the RCMP in August, but it required some time to collect all of the evidence.

"It involved interviews with many people but we were also seeking certain documentary evidence that was in the hands of a third party and the nature of where and how it was held led to delays that were beyond our control," said Ron MacDonald, the director of the police watchdog agency.

MacDonald said the girl was 17 at the time of the alleged offence in the Bridgewater area on Nova Scotia's south shore, but he declined to provide her current age.

The agency issued a statement saying it has laid one charge of sexual assault and two charges of sexual exploitation against Collyer, and said the offences are alleged to have occurred between April 1 and July 31 last year.

Collyer was placed on administrative leave by Bridgewater's police commission in August after it became public that SIRT was investigating the alleged sexual assault.

Collyer is scheduled to appear in provincial court in Bridgewater on June 14.

THE CANADIAN PRESS

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2016

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SUPREME COURT OF NOVA SCOTIA

Canadian Imperial Bank of Commerce, a body corporate

- and -

Christopher Nicholson

Hfx No. 456210

PLAINTIFF

DEFENDANT

NOTICE OF PUBLIC AUCTION

To be sold at public auction under an Order for Foreclosure, Sale and Possession, unless before the time of sale the amount due to the Plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

Property:

Building, lands and premises known as 15 Diana Grace Avenue, Dartmouth, Halifax County, Nova Scotia, identified by PID 40427288 and referenced at Schedule "A" of the mortgage dated June 24, 2014 and recorded at the Land Registration Office for Halifax County as Document No. 106308234. This property is registered pursuant to the Land Registration Act.

Subject to restrictive covenants and restrictions in Shearwater regulations.

A copy of the description of the property, as contained in the mortgage foreclosed, is on file at the Prothonotary's office and may be inspected during business hours.

Date of Sale: Wednesday, May 10, 2017

Time of Sale: 10:30 a.m. local time.

Place of Sale: Halifax Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.

Terms: Ten per cent (10%) deposit payable to "McInnes Cooper, in Trust" by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen (15) days upon delivery of deed.

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PO Box 2380 Central

Halifax, NS B3J 3E5

Solicitor for the Plaintiff

Stephen Kingston, Barrister

McInnes Cooper (Halifax Office)

'It sends a terrible message'

POLITICS

McNeil defends re-hiring man who assaulted woman

For the second time in four days, Nova Scotia Premier Stephen McNeil was forced off message Thursday to defend himself from attacks on gender-related issues.

At a campaign stop in Halifax, McNeil said Liberal communications director Kyle Harris deserved "a second chance" after being handed a conditional discharge for striking a woman in the face during a domestic argument on May 9, 2014.

Harris was a spokesperson for McNeil at the time, but was fired after waiting four days to tell the government he was facing an assault charge.

Harris was hired back in 2015 to do research in the Liberal caucus office and is now listed as director of communications for the central campaign in the runup to the May 30 provincial vote.

The matter resurfaced after federal Conservative Leader Rona Ambrose posted on social media Wednesday saying Harris's re-hiring sends a "terrible message," and that Liberal leaders "need to walk the talk on violence against women."

When asked about it Thursday, Nova Scotia Tory Leader Jamie Baillie said McNeil had exercised poor judgment in putting Harris back into his inner circle.

"When the premier chooses to re-employ a person who pled guilty to a domestic assault, I have to question his judgment. I think it shows poor judgment," Baillie said. "It sends a terrible message to victims of domestic assault, men and



Nova Scotia Premier Stephen McNeil said Thursday that a Liberal communications director who pleaded guilty in 2014 to striking a woman in the face during a domestic argument deserved a "second chance." Interim federal Conservative Leader Rona Ambrose posted on social media Wednesday saying Liberal leaders "need to walk the talk on violence against women." ANDREW VAUGHAN/THE CANADIAN PRESS FILE PHOTO; ADRIAN WYLD/THE CANADIAN PRESS



women, who feel the system of government isn't there for them."

In response, McNeil said he was proud of his party's record on supporting victims of domestic violence, but that people shouldn't be held back because of their past actions.

"People deserve a second chance and Mr. Harris is one of

People deserve a second chance and Mr. Harris is one of those Nova Scotians. Premier Stephen McNeil

those Nova Scotians," he said, while dismissing Ambrose's remarks. "As far as the national leader's comments, that's her comment."

McNeil added that Harris

was not part of either his government or inner circle as Baillie had charged.

After pleading guilty, Harris was sentenced to nine months' probation and 30 hours of com-

munity service. He read a statement in court saying his actions were "inexcusable and disgraceful."

"I made an unforgivable mistake and I am sorry," he said at the time.

NDP Leader Gary Burrill pointed out Thursday the Harris controversy comes days after the premier drew fire

for comments about running women in ridings that were "winnable."

"Mr. Harris's appointment raises honest questions for people, particularly women around the province, and these are questions that it would be reasonable for us to expect Mr. McNeil to answer," he said.

THE CANADIAN PRESS

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Dartmouth scores a Big Lift

DOWNTOWN

Restaurants, bars see more foot traffic with bridge closures



Nicole Gnazdowsky
For Metro | Halifax

Business is booming in downtown Dartmouth, and local business owners say the Big Lift project may have played a big part.

Bridge hours have been reduced significantly throughout the long construction process, restricting quick access to Halifax by car for those living in the downtown Dartmouth core.

Between frequent bridge closures and extended ferry hours, foot traffic in Dartmouth is growing, especially when it comes to local restaurants and bars.

"The bridge being under construction has changed patterns," said Tim Rissesco, executive director for the Downtown Dartmouth Business Commission.

"It has resolved in folks at different times staying in Dart-



Patrons walk along Portland Street in downtown Dartmouth. NICOLE GNAZDOWSKY/METRO

mouth and enjoying our restaurants and our bars in the evenings."

Neil Cook is the owner of Portland Street Creperie, a down-

town Dartmouth restaurant; he says he agrees that bridge access does have an impact on his business.

"There were some good dy-

namics with that happening; as a downtown Dartmouth business it was good for exposure, and I think people on the Dartmouth side were coming to downtown

Dartmouth to do their things," said Cook.

Although the project is reaching completion, Halifax Regional Municipality has confirmed ferry



Having the ferry running with those extended hours is great for downtown Dartmouth.

Tim Rissesco, Downtown Dartmouth Business Commission

services will continue with extended hours until March 2018, which Rissesco says will continue to help downtown Dartmouth businesses once the bridge reopens.

"Having the ferry running with those extended hours is great for downtown Dartmouth, it's great for downtown Halifax as well, but we just need to make sure people keep using the ferry," Rissesco said.

"I think once people have changed their patterns, particularly where they go out for dinner or a drink, hopefully they'll maintain those patterns," said Rissesco.

Halifax Water SPRING HYDRANT FLUSHING AND DISTRIBUTION MAIN PROGRAM

Halifax Water advises our customers that fire hydrant flushing of water mains will continue until **end of May 2017**. This activity will occur in all areas of the Halifax Regional Municipality served by Halifax Water.

This work will take place between 10 pm and 6 am, Sunday to Friday, until completion. Hydrant flushing activities are carried out during overnight hours to cause the least amount of inconvenience to our customers.

Discoloured water and pressure fluctuations may occur during the flushing program. If discolouration of water occurs, it will not pose a health risk and should disappear shortly. Customers are advised to visually check the water before use during the flushing timeframe.

Halifax Water is working to ensure that your water system is ready for peak summertime use. The hydrant and distribution system flushing program provides a spring cleaning and full exercise of the entire distribution system.

For additional information, contact our Water Services Department at 902-420-9287.

Reid Campbell, P. Eng.
Director of Water Services

Shotgun-wielding teens charged

Two teens have been charged after another young person had a shotgun pointed at him during a robbery in Dartmouth.

Halifax Regional Police say officers were called to a weapons complaint in the 0 to 100 block of Inverary Drive around 8 p.m. Wednesday.

According to a release, the

18-year-old victim told police he and a friend had been sitting in his garage when three suspects entered, pointed a sawed off shotgun at the victim, and demanded items from him. They were then sprayed with a sensory irritant by the victim's friend.

The suspects fled the scene with some of the victim's prop-

erty. Police say three men were arrested a short time later.

Two 18-year-old men will appear in Dartmouth provincial court on Thursday. One from Dartmouth is facing two charges of robbery, while the other from Cole Harbour is facing charges of robbery and several firearm-related offences. METRO



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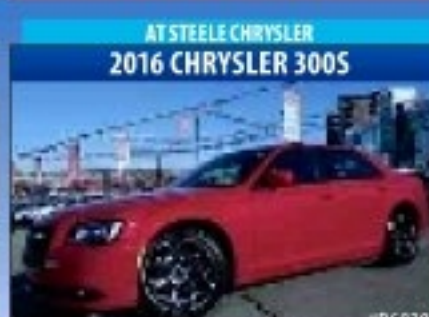


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Pencil in some stress relief

FUSION HALIFAX

Initiative offers café patrons chance to enjoy colouring break



Yvette d'Entremont
Metro | Halifax

Izzy Dempsey was busy working out of Local Jo's Café when she grabbed a much-needed mindfulness break thanks to an initiative of Fusion Halifax.

To mark Mental Health Week, the non-profit organization has set up colouring stations at 10 cafés throughout Halifax. Five different, Maritime-themed postcards and a mug of colouring pencils are available for anyone who feels the need to take a mindfulness break.

"I am totally into it. You can't go wrong with colouring. I find it's so easy to just go overboard and constantly work, work, work, making to-do lists. It really wears down on you," the 23-year-old Halifax resident said on Thursday.

"I should be doing more of what is good for me in that moment, so something like this where I come into the café and I'm working and doing emails and all that, and then it's like

I am totally into it. You can't go wrong with colouring. I find it's so easy to just go overboard and constantly work, work, work. It really wears down on you.

Izzy Dempsey

+ WHERE TO GO

Fusion Halifax colouring stations are currently at: Local Jo Café, PG's Café and Grill, The Nook, Seven Bays Boulder, Uncommon Grounds on South Park, Humani-T Café on Young Street, Cabin Coffee, the Wired Monk Bistro, David's Tea on Spring Garden and at the Halifax Shopping Centre, and Second Cup at Halifax Shopping Centre.

"Do you want to colour?" It took me no time. Yeah. Yeah, I do want to colour. It's great."

The Fusion Halifax health and wellness team had no time getting 10 businesses on board to participate in what they're calling the #Crafty-Compliments project.

"We did know that research has shown that taking a moment for yourself and colouring can be therapeutic and it has been shown to alleviate stress," explained Jackie Nguyen, director of the Fusion Halifax health and wellness team responsible for the initiative.

"I hope that people take a moment for themselves and find a break in their day to relax



One of the pages from Fusion Halifax's mental health colouring project, showing the Macdonald Bridge CONTRIBUTED/FUSION HALIFAX

and go back to the feelings that we have when we're children, just enjoying something as simple as colouring but that really can help you really take a break from everything else going on in your life."

Nguyen planned to check in with the cafés after Mental Health Week ends on Sunday, but she said so far social media

response has been positive.

"We see it as a bit of a pilot project because we've had such a short amount of time to prepare... so we're hoping that pending the success of this week we can scale it up next year," she said.

Joe Bishara, chair of the Nova Scotia College of Counselling Therapists, said Mental Health

Week and accompanying initiatives like the mindfulness project by Fusion Halifax are great ways to encourage ongoing conversations about mental health.

"It's great to have a mental health week, but the reality is that mental health goes beyond one week. It's a concept that we need to maintain awareness of and maintain conversation with

all year round," he said.

"We all have a mental health to take care of in our individual lives and for some people the struggle is situational, and for other people the struggle can be lifelong, so it's about having the right level of knowledge in the public forum that's also tempered with an appropriate level of compassion."

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'An opportunity of a lifetime'

TECHNOLOGY

Students fundraising to go to robotics competition



Nicole Gnazdowsky
For Metro | Halifax

Two future Halifax engineers and their Lego robot have been dominating leagues across the province, and are gearing up to show off their skills on the international stage.

Graeme Watt and Zeyad Sallam, or the Dynamic Robotic Duo as they are called, are Grade 8 students at Clayton Park Junior High. After finishing amongst top participants at the First Lego League (FLL) provincials, the duo has been selected to compete in the FLL's first international four-day competition in Bath, England, this June.

The boys will be competing against 100 teams from all over the world.

The competition involves building and programming a robot capable of completing a series of tasks and missions on a set track.

But the competition is about more than just building a robot, it's about helping kids develop the skills to become well-rounded individuals by adding a research and presentation component as well, said Graeme's mom, Helen Watt.

"It's getting kids to think about different things, and think strategically, but also having fun at the same time," she said.

The boys said their team is also judged based on the core values they portray throughout the competition.

"Working together as a team, gracious professionalism, being

happy in win and loss, are all important," said Graeme.

Although the duo have only known each other for a couple of years, they have mastered the art of working together — from wearing matching fedoras, to knowing how to delegate tasks depending on their individual strengths and weaknesses.

In order for the duo to go to the competition, they will need to fundraise around \$8,000. They have set up a website which includes links to their GoFundMe page, and options for corporate sponsorship.

They have an ongoing bottle drive taking place through Tanner's Recycling, and will be updating their web page frequently with more fundraising events.

"This is an opportunity of a lifetime, I can't stress that enough," Zeyad said.



It's getting kids to think strategically.

Helen Watt



Zeyad Sallam, left, and Graeme Watt of the Dynamic Robotic Duo hope to attend a competition in England with their Lego robots this June. NICOLE GNAZDOWSKY/FOR METRO

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Halifax **metro** NEWS

5 Things to do in Halifax this weekend

Comics, concerts, and a craft show
YVETTE D'ENTREMONT METRO



Jay Aaron Roy, owner of Cape and Cowl Comics and Collectibles. JEFF HARPER/METRO

1 Free Comic Book Day

Get your free comic this Saturday! For the fourth year running the Maritime Museum of the Atlantic and Strange Adventures have joined forces to host Free Comic Book Day. This annual outdoor event will be rain or shine. Dress up as your favourite comic character and enjoy some surprises too. The fun starts at 10 a.m. on the waterfront side of the museum.

3 Live theatre

Ben Caplan, 2b theatre company and playwright Hannah Moscovitch offer *Old Stock*: A refugee love story, a music-theatre hybrid. Performances will run Thursday through to May 14 at The Waiting Room. This romantic production is inspired by the true story of Moscovitch's great-grandparents, Romanian Jews who immigrated to Canada in the early 20th century. Tickets: tickethalifax.com.

4 Free concert!

Orchestrated Neighbours: The National Arts Centre Orchestra and Symphony Nova Scotia join MAJE and Shevy Price to showcase talented local youth performing their musical creations on Friday at St. George's Church Hall. Doors at 7 p.m., show at 8 p.m.

5 Touch a truck

Car nerd? See, touch, get inside and take photographs with your favourite vehicles, from trucks to fire engines, diggers, cars, and boats, at Touch-A-Truck 2017. The family-friendly event runs Saturday from 10 a.m. to 5 p.m. at the Halifax Exhibition Centre. Tickets via tickethalifax.com.

2 Halifax Crafters Society Spring Market

A broad spectrum of vendors ranging from food to cosmetics to ceramics to jewelry will be toting their goods at this spring market. The event runs Saturday and Sunday from 10 a.m. to 5 p.m. at the Olympic Centre, 2304 Hunter St. in Halifax. A complete list of vendors is available online. Admission is free!



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Nova Scotia RCMP report that Lorenzo Trevor Thomas has been arrested and is in custody in Ontario. METRO FILE

Traffickers in RCMP's sites

EXPLOITATION

N.S. man faces charges, more leads sought in national probe

A 31-year-old man is facing more than a dozen charges following a year-long human trafficking investigation involving police in seven provinces.

The Nova Scotia RCMP says it received information last April that men from that province had relocated to Ontario and were trafficking and exploiting "numerous" women from Nova Scotia in the sex trade across Canada.

Supt. Alfredo Bangloy would not say how many victims are involved, but said the suspect named Thursday, Lorenzo Trevor Thomas, is associated with a Halifax-area street gang known as North Preston's Finest.

"We know there are other victims of human trafficking from Nova Scotia out there. Our goal is to find these women, get them to safety and go after their traffickers," Bangloy said.

"We want to see victims and their families get their lives back."

Police say due to the complexity of the investigation, Nova Scotia Mounties worked with Halifax Regional Police and RCMP in British Columbia, Alberta, Manitoba, Ontario, Quebec and Newfoundland.

Investigators say Lorenzo Trev-

17

Number of charges Lorenzo Trevor Thomas faces, including trafficking in persons, assault, advertising sexual services and receiving a material benefit from sexual services.

or Thomas was arrested by police in Niagara Falls on March 27 and remains in custody in Ontario.

He's facing 17 charges, including trafficking in persons, assault, advertising sexual services and receiving a material benefit from sexual services — and police say more charges could be laid.

Thomas is scheduled to appear in Niagara provincial court on May 9.

Bangloy said such investigations are often reliant on victims coming forward, and the RCMP is urging them to contact police.

"These victims are generally isolated, taken far away from home and made to fear for their safety," said Bangloy at a press conference at Nova Scotia RCMP headquarters. He stressed police are not looking to investigate sex trade workers.

RCMP say human trafficking involves controlling, forcing, intimidating or deceiving people in order to exploit them through various forms of sexual exploitation or forced labour.

THE CANADIAN PRESS

“Our goal is to find these women, get them to safety and go after their traffickers. We want to see victims and their families get their lives back.” Supt. Alfredo Bangloy

Nova Scotia Votes

Highlights from the provincial election

\$78M FOR HEALTH: LIBS

The Liberals are promising \$78-million over four years to create and expand collaborative care teams across the province to hire nurses, social workers, and mental health workers to work with doctors in collaborative care clinics. There would also be a \$5-million annual fund for the construction and renovation of collaborative care clinics.

Premier Stephen McNeil says his party also realizes more doc-

tors are needed now, and that's why a commitment has been made to hire 50 new doctors a year through another \$2.4 million announced in last week's proposed budget.

UP MINIMUM WAGE: NDP

NDP Leader Gary Burrill says his party will increase the minimum wage to \$15 an hour by 2020 if elected.

He says the move would help an estimated 130,000 lower in-

come workers.

Burrill says the plan includes a commission on the economy that would consult with businesses, corporations, and not-for-profits to determine how to help them adapt to the wage increase.

INTERNET ACCESS: TORIES

Progressive Conservative Leader Jamie Baillie is pledging \$150 million over 10 years to bring high speed internet to underserved rural areas of

the province.

Baillie says the funding would be cost-shared with Ottawa and municipalities, meaning the provincial contribution would be \$7.5 million a year.

The problem has plagued a series of governments who have promised to connect all parts of the province, but Baillie says previous attempts have either set unrealistic timelines or taken a step-by-step approach that lacked planning. THE CANADIAN PRESS



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Gay refugee fears deportation, persecution

WINNIPEG

Couple nervous man may be sent back to Egypt



Jessica Botelho-Urbanski
Metro | Winnipeg

Samer Habib is acting calm considering his future in Canada is being decided by a complete stranger this week.

"At this point, there's not much I can do," he said, sitting cross-legged on the lawn in front of the University of Winnipeg with his boyfriend, Giovanni Penner, Wednesday. "It's out of my control. So there's no point in stressing out because I just have to be mentally prepared for Friday."

A member of the Immigration and Refugee Board (IRB) will decide Habib's fate Friday in a hearing via video conference.

Habib, 23, is terrified of being deported back to Egypt once his passport expires in June.

If he returns, he said he'd have to join the military and fears being prosecuted because he's gay.

"I don't think I should be protecting a country or government that's looking to kill or imprison gay men," he said. "(If) they suspect, for example, that I'm gay ... that's where I could be jailed. That's where I could be tortured or beaten up."

Habib came to Winnipeg in 2011 and studied business administration at the U of W, where he now works for campus living. Last month, he filed a refugee claim once he learned his permanent residency application may not be approved before his passport expires.

Penner, 19, said he is "extremely nervous" for the verdict. "This one person could be going through a bad day and ruin someone's life with the stroke of a pen," he said.



Giovanni Penner and Samer Habib have been dating for about nine months. JESSICA BOTELHO-URBANSKI/METRO

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Prince Philip retiring from public life at 95

News of Prince Philip's retirement from public life has sparked fond memories of his glamour and gaffes as Canadian royal watchers recall the visits of a man who transitioned from rebellious modern monarch to royal elder statesman while staunchly supporting dozens of causes.

Buckingham Palace released a statement Thursday saying that Philip, the Duke of Edinburgh, would retire from royal duties this fall.

Philip, 95, made the decision himself with the full support of the Queen, the palace said

in a statement. The royal has suffered from heart disease and other ailments in recent years but has nonetheless maintained a vigorous public schedule.

The announcement drew a tweet of congratulations from Prime Minister Justin Trudeau, who thanked Philip for his decades of service and wished him well in retirement. The Queen's husband last visited Canada four years ago. Some Canadians marvelled at Philip's stamina for the demands of public life, which he embraced from the time he married in 1947.

Robert Finch, chairman of the Monarchist League of Canada, said Philip's inaugural royal visit to this country took place more than 66 years ago in 1951, noting that his years in public service exceeded the retirement age for most people.

Philip's final visit to Canada in 2013 also saw him achieve the country's highest civilian honour. Gov. Gen. David Johnston made him a Companion of the Order of Canada, as well as granted him the Commander of the Order of Military Merit.

THE CANADIAN PRESS



Prince Philip. THE CANADIAN PRESS

Upcoming Public Meeting

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Wild ride stokes fiery flashbacks

WILDFIRE

Escape on horseback made national headlines



Darren Krause
Metro | Calgary

When Jada Polem swings into the saddle, she has flashbacks of the Fort McMurray wildfire.

Polem's story of a dramatic, 15 km ride to safety aboard her palomino Quarter Horse mare, Mya, told first by Metro, made headlines across Canada as tens of thousands fled the northern Alberta disaster.

"Every time I'm riding any horse, as soon as I put my leg over, you get that quick flashback of going straight, but as soon as you look behind you everything's just up in flames," said Polem.

"It's flashbacks every time you do something that's involved with the fire, whether it was driving out or riding out."

The day before the fire her family moved their three horses from the Clearwater Horse Club to a campground on the north side of Fort McMurray. But the winds shifted, and by Tuesday they had to move the horses again. But with the evacuation underway and fire bearing down, no horse trailers could get through to help. They had a trailer only big enough for two horses, and the only way to get Mya out was to ride.



Jada Polem and her Quarter Horse, Mya. Polem fled the Fort McMurray wildfire on Mya's back during last year's wildfire.

CONTRIBUTED

Polem said the horses were anxious and knew tensions were high. When they returned to Fort McMurray after the fire, riding through the fields around home the horses were still unsettled.

"The smell of home is here, but they can still sense that something's happened and things have changed," Polem said.

The 17-year-old, soon-to-be high school graduate said having a year to reflect on the fire, her harrowing escape and what lies ahead for the community has given her a new perspective on things.

Prior to the fire starting, Polem said she was making summer plans with family and friends. She recalled the Saturday prior as just another hot, summer day. Within a day, smoke and flames started showing.

"That's when everything changed," she said. "You literally live day by day. This year you almost expect something to happen because you're feeling so prone to something happening."

Polem said every day things are inching back to normal. When Metro spoke with Polem, the day of the one-year anniversary of the fire, she said there was a noticeable tension. People still talk quite frequently of the fire — some more than others — but it's always in the back of people's minds. For her, riding has provided that daily routine that she can count on as the post-fire days pass by.

"Riding horses just makes it more settling, it's an everyday thing and you know that it feels more normal than not having (the horses) around," Polem said.

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Trump delays trip home to celebrate health-vote win

OBAMACARE

Legislation fulfills U.S. president's election pledge

U.S. President Donald Trump is celebrating the passage of the House Republican health care bill, saying he is confident it will get through the Senate.

Flanked by Republican lawmakers in the Rose Garden on Thursday, Trump called former president Barack Obama's health care law a "catastrophe" and called the GOP bill "a great plan."

Trump delayed his first trip home to New York as president to celebrate House passage of legislation undoing much of Obama's health law, a long-sought GOP goal and top Trump campaign promise.

House leaders came through with the votes to give Trump a major political victory more than a month after Republicans' first attempt to pass a



U.S. President Donald Trump congratulates House Speaker Paul Ryan after Republicans passed legislation aimed at repealing and replacing ObamaCare on Thursday. GETTY IMAGES

health care bill went down in a humiliating defeat. The legislation now heads to the Senate.

The developments pushed back Trump's first-time meeting with Australian Prime Minister Malcolm Turnbull by several hours.

Manhattan is where Trump made a name by transforming

himself from real-estate developer into a celebrity businessman and now president. He hasn't set foot in the city since leaving on Jan. 19 for Washington to be inaugurated into office the following day.

During the campaign, Trump would fly thousands of miles back to New York City to sleep

in his own bed, leaving the impression that he would make frequent trips home after he became president. But Trump said last week that he so far has avoided returning to the city of his birth because the trips are expensive for the government and would inconvenience New Yorkers. THE ASSOCIATED PRESS

VOTING

French expats set to pick next head of state

During the first round of voting in the French presidential election two weeks ago, the sidewalks and cafés in Outremont, home to the city's only voting station for expats, had all the flavours and accents of a typical Parisian arrondissement.

But the Montreal neighbourhood also had lineups that stretched out the doors of a stately private school that served as the voting station, along the street out front and around several corners.

In all, 23,431 French citizens showed up to cast their ballots in Montreal from thousands of kilometres away, a number that overloaded volunteers and forced the polls to remain open until 11 p.m. that Saturday night to accommodate as many people as possible.

With the candidates now whittled from 11 down to just two — the centrist favourite, Emmanuel Macron, and Marine Le Pen, the leader of the extreme right Front National — the second round of voting for French expats that takes place this weekend still has several looming unknowns.

One is whether the changes being put in place by the

French consulate in Montreal — the de facto French capital in North America — will alleviate the interminable wait.

The other is whether forecasts in advance of the Saturday vote will prove accurate — of all the Canadian cities where consular officials have arranged for voting booths, only Vancouver is not expecting rain.

"This time, people are very interested and people are voting out of conviction," said Roland Lescure, who left his prestigious job as chief investment officer of the Caisse de dépôt et placement du Québec to become one of Macron's main organizers in Montreal.

Less than half of the 1.3-million French expats eligible to cast a ballot for the country's next president voted in the first-round election. The nearly 34,000 who did so in Montreal, Quebec City, Toronto, Vancouver and Moncton, left little doubt that Macron is their man. Some back the 39-year-old former minister of the economy out of conviction. Others are voting to block Le Pen and her Front National's anti-immigration and French-first policies. TORSTAR NEWS SERVICE

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GLOBAL DIGEST

Call of the wild harder to hear in American parks

Peaceful, natural sounds — bird songs, rushing rivers and rustling grass — are being drowned out by noise from people in many of America's protected parks and wilderness areas, a new study finds. Scientists calculated that in nearly two-thirds of the Lower 48's parks, the noise can be twice the natural background level because of airplanes, cars, logging, mining and drilling. THE ASSOCIATED PRESS

Venezuelans again take to the streets

Students demonstrated across Caracas Thursday as a two-month-old protest movement that shows no signs of letting up claimed more lives. Three dozen people have now died. THE ASSOCIATED PRESS

Storm trooper causes alarm at school

A student dressed as a storm trooper for Star Wars Day prompted the evacuation of a Wisconsin high school when a frightened parent saw the costumed figure entering the facility and called 911. THE ASSOCIATED PRESS



French expats wait in line in Montreal on April 22 to vote in the first round of the French presidential election. The second round takes place this weekend. THE CANADIAN PRESS



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The Amazon rainforest is so phenomenally diverse because it was covered in a vast ocean 10M years ago, a new study suggests

OPENING SOON: JURASSIC PARK?

With new tech such as gene-editing system CRISPR, some scientists are working to resurrect creatures like the woolly mammoth, extinct about 4,000 years. **But should we bring them, or anything, back? Here's a look at the debate:**

Bring it!

Proponents of "de-extinction" include Harvard biologist **George Church** and **Stewart Brand**, founder of Revive & Restore, a "genetic rescue" foundation.

Scientists at R&R's Woolly Mammoth Revival project are figuring out how to modify Asian elephants to make them more like mammoths, until, after many generations, they essentially are mammoths. (Mammoth DNA is readily available, preserved in permafrost, for reference).

Believers in de-extinction think it could transform ecosystems for the better. Mammoths, the theory goes, could graze in the Arctic. This could help tundra return grasslands and help keep permafrost frozen, absorbing more carbon and mitigating climate change.

Finally, de-extinction, like going to Mars, arguably generates wonder and excitement about science's possibilities.

Maybe not!

Ecologist **Douglas McCauley** is skeptical. He loves the idea of meeting a mammoth in real life. He's just afraid de-extinction will turn species into curiosities, seen only in "zoo-like" contexts. If the mammoth does return, he said, "I want it doing its ecological thing in nature."

However, the Arctic ecosystems where mammoths roamed have changed over millennia, McCauley said. Mammoths could become "ecological zombies," like an invasive

species, depleting resources and disrupting the environment.

Then there's the cost: not just of bringing species back, but of caring for and managing the populations.

McCauley said it's far more cost-effective to invest in protecting living endangered species, though they're usually nowhere near as charismatic as the mammoth. "I see a lot of value in using the same (de-extinction) technologies to helping species that are almost extinct."

BRING ME BACK!

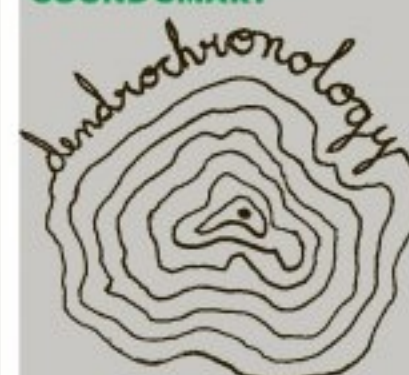
FINDINGS Your week in science



PALEO BITES

Until now, it was widely believed that ancient hunter-gatherers bit into their mammoth steaks with ease, never dealing with tooth decay until agriculture brought sugary and starchy foods into their diets. But a new study of modern-day hunter-gatherers has found many of them do have bad teeth despite their "paleo" diet.

SOUND SMART



DEFINITION

Dendrochronology is using the tree rings in wood, such as in old buildings, to determine when events happened in the past. It can also be used to study historical climate patterns. (Trees usually get one new ring every year).

USE IT IN A SENTENCE

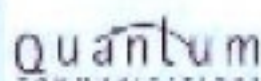
Nobody knows how old Grannie Deb is, but we do have her baby crib. We figured out she is 117 using **dendrochronology!**



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Jeremiah Tower didn't have his sights set on being a cuisine trailblazer when he began working in kitchens in 1972. CONTRIBUTED

Trendsetting Tower of talent: world's original celebrity chef

DOCUMENTARY

But pioneer now finds term unpalatably overcooked

Steve Gow
For Metro Canada



It may not occupy most people's daily thoughts but without one specific person, there'd be no Rachael Ray, Anthony Bourdain or Gordon Ramsay.

In fact, it may be difficult to believe but there was a time before the requisite restaurant role was even given much respect. That is, until the "first celebrity chef" Jeremiah Tower came along.

"In 1972, I couldn't tell my grandmother I was working in a kitchen. She would've disowned me," recently laughed the legendary chef largely responsible for "revolutionizing the way Americans eat and dine" today.

The septuagenarian star of the new documentary Jeremiah Tower: The Last Magnificent may be the so-called "first celebrity chef," but his story is one of humble beginnings. After all, Tower's intent was hardly that of obtaining fame.

"It filled the restaurant and that was the point of it," admitted the one-time aspiring architect who drew celebrity status through his charisma as well as his cuisine. "The best thing was finally a mother could tell her friends that her son is a cook and feel proud instead of saying he's an accountant."

Tower's career began in the early '70s when he was casually hired at popular California bistro Chez Panisse, a successful stint that led to Stars, his own esteemed eatery that attracted celebrities, promoted dining as a form of entertainment and launched the concept of the open-kitchen.

"I just wanted to see everything and control everything," explained Tower of the now commonplace design. "It

▶ THE NEW CELEBRITY CHEFS

If Jeremiah Tower insists celebrity chefs "have the courage to be your own person," then there's a bright future for at least these three celebrity food stars from the digital world:

Hannah Hart: With her popular My Drunk Kitchen series on YouTube, the California-based comedian/chef has become a sensation by blend-

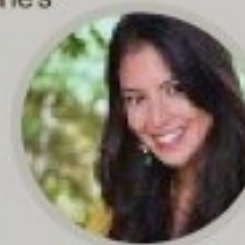


ing laughs and liquor and getting crocked when she's cooking.

Harley Morenstein: Canada's contribution to online gastronomy includes the Montreal-based creator behind Epic Meal Time — a popular series that creates high-caloric confections like Cheeseburger Baklava and the All-Meat Lasagna.



Vani Hari: She's not a chef per se, but the "food babe" has become equally as famous by



using her on-line status to promote healthy eating. And it's working — Time magazine named her one of the most influential people on the web today. STEVE GOW/METRO

turned out to be this great idea but of course I had no idea at the time."

Tower's modesty may seem self-effacing but it's because cooking, not business, is his primary passion and art. Perhaps that's why the "father of American cuisine" (as Martha Stewart calls him) grew disillusioned and disappeared for 15 years before making a

bittersweet rebound at Manhattan's notorious Tavern on the Green.

It's also why Tower gracefully grimaces when credited with creating the concept of "celebrity chefs." After all, with the food industry now saturated with misguided culinarians on television and the Internet, America's preeminent epicurean finds the

whole moniker slightly overcooked.

"People showing off (bothers me)," said Tower, who doesn't observe much originality among today's celebrities.

"It's about being a good cook — knowing what makes great ingredients, what to do with them, and how to present them (and) to have the courage to be your own person."



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Quick, give Yondu an Oscar

IN FOCUS

Our Guardians are back, and yes there is an emotional core

Richard Crouse
For Metro Canada



Guardians of the Galaxy Vol. 2 opens with a battle scene that would not be out of place in almost any other superhero movie. The set-up has the Guardians — Peter Quill (Chris Pratt), Gamora (Zoe Saldana), Drax the Destroyer (Dave Bautista) and Rocket (Bradley Cooper) — working for the Sovereigns, a thin-skinned race of aliens who have hired the heroes to protect valuable batteries from an inter-dimensional monster.

The action is as wild and woolly as we've come to expect from these big CGI extravaganzas, but the thing that sets the scene apart from all other superhero movies is the sheer, unbridled joy brought to the screen by Baby Groot (Vin Diesel), a tree-like being too small to take part in the fight. Instead he blissfully dances throughout to Mr. Blue Sky, the lush, Beatles-esque ELO song that underscores the sequence.

The scene and the movie brim with the missing element of so many other big superhero movies — fun.

"That's what we hoped to do," says star Michael Rooker, "bring back the fun. It was fun as hell doing it."

Rooker reprises his role as blue-skinned, red-finned mercenary Yondu. The former Walking Dead actor — he played Daryl's older brother Merle Dixon — jokes that his



Michael Rooker (on left), Chris Pratt, Zoe Saldana and Bradley Cooper star in Guardians of the Galaxy Vol. 2, which is about a group of heroes hired by a race of aliens to protect valuable batteries from an inter-dimensional monster. CONTRIBUTED

normal look, his handsomely craggy face, is actually make-up, and the Blue Man Group style we see in the movie is the face he was born with. "It takes four or five hours to get this on," he says, pulling at his cheek. "The real problem is getting the fin off."

Yondu's weapon of choice is a flying arrow made of special sound-sensitive metal he controls through whistling.

"Dude," he says, "everyone is digging that weapon." It's the character's trademark and Rooker laughs when remembering talking to director James Gunn about the

role. "Man, I was glad I was able to whistle."

"The first time I got to whistle I did the melodic whistle... I hypnotized one of the aliens and then I shot out a piercing whistle. Yondu has different whistles."

One wild action sequence with Yondu's deadly arrow and set to '70s pop ditty Come a Little Bit Closer is a showstopper, an imaginatively staged set piece with a huge body count and just as many laughs.

"That whole sequence is very much like a western gun fight if you think about it," Rooker says. "You go out, and jacket pulled back, methodical, not fast. It is a total tribute."

In the scene he is accompanied by two computer-generated characters, Baby Groot and Rocket, a genetically engineered raccoon-based bounty hunter. Neither actually appeared on set while shooting, but Rooker says they were there in spirit.

"Because these movies use a lot of CGI they require your imagination to be fertile and

open and ripe for seeding," he says. "I'm like, 'There is Baby Groot. He's over there and he's sopping wet... What have they done to him?' I talk to them like they were any other two characters."

Yondu may be a vicious, arrow-wielding mercenary but he's also the film's emotional core and James Gunn says people will be "surprised by Michael Rooker's performance. He deserves an Academy Award nomination. No joke."

What does Rooker think? "We'll see about that bro. I'm up for anything."

MOVIE RATINGS by Richard Crouse

Guardians of the Galaxy Vol. 2 ★★★★★
Jeremiah Tower: The Last Magnificent First Round Down I, Daniel Blake ★★

HOW RATING WORKS
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Bill Nye: Science's 'dorkiest' defender

Q & A

Bill Nye wants his plumber to think critically — is that wrong?

Early in the documentary *Bill Nye: Science Guy*, which saw its international premiere in Toronto this week at the Hot Docs film festival, Nye laments: "we have this increasing anti-science movement in the United States. It's worse than ever."

Those who dimly remember Nye from the 1990s when he was the zany, bow-tied host of a kids science television show may be surprised to learn that Nye is back, and that he has taken a turn for the sharply political: his new Netflix series is called *Bill Nye Saves the World*. Nye has made science literacy his fight, and the documentary tries to uncover his motivations for doing so.

I struggle all the time with whether simply talking about science increases

science literacy.

It's not enough, but it's required. If we were talking about climate change the way we talk in the U.S. about health care, or the way in Canada you talk about — well, do you talk about the tarsands?

Yeah, we do.

If we were talking about the dangers of not getting vaccinated the way we talk about President Trump's latest tweet, we would be getting something done. That's my claim.

I've seen research that shows that when you argue with people, both sides get more entrenched. Have you actually looked at research on what changes people's minds?

Here's what I think, based on my experience with what I would call skepticism — which you might also call nowadays critical thinking, or what my dad would have called reasoning. The first time you hear that there's no con-

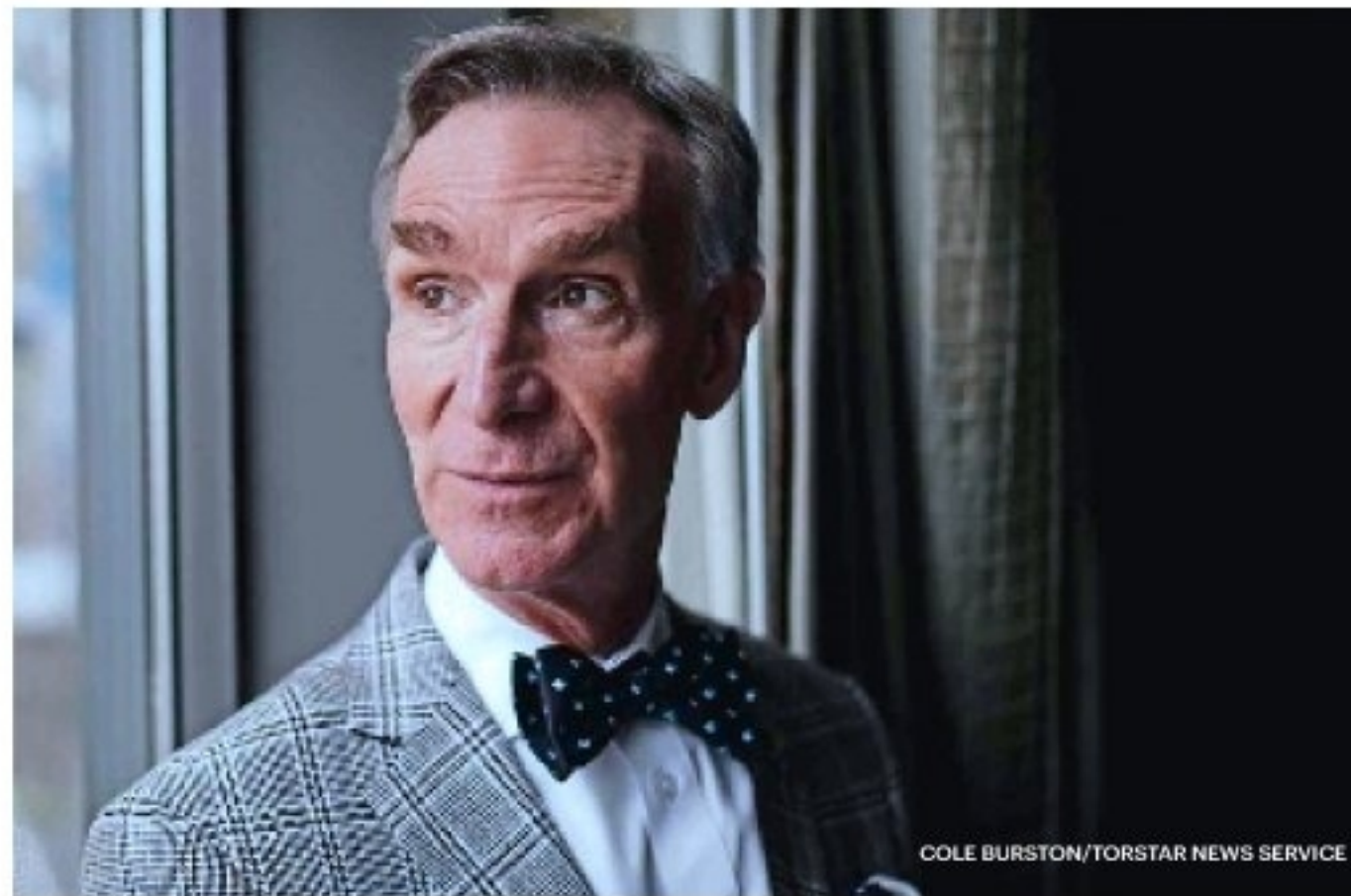
nection between hospital emergency room visits and the full moon, people who believe that based on anecdotes go, "Yes there is, I heard that!" But it takes about two years. You have to hear it over and over for about two years before you let go of your old world view. But what we want is to get people trained, to have the habit of mind of thinking critically, so it doesn't take two years.

Is science the only way of teaching people to think critically?

Philosophy. Science used to be called natural philosophy. Don't make me draw that line.

Do you think talking to adults is as effective as talking to kids?

No. Talking to adults is not as effective. No. They're cooked. They're not a lost cause, but it's not as effective. No, that's what concerns me so much about that guy in Kentucky — his influence on children.



COLE BURSTON/TORSTAR NEWS SERVICE

Your show is called *Bill Nye Saves the World*, so I'm going to ask you the million-dollar question. Is that U.S. or Canadian?

U.S., it's worth much more. It seems like creationism and anti-vaxxers

and climate denial are all facets of the same problem. How did we get here, and what can the average reader of my newspaper or a watcher of your show do about it?

As I say, when you're in love you want to tell the

world. Read the paper. Watch my show. Read books. Turn it up loud. The longest journey begins with a single step. Because we have this problem doesn't mean we should address it, for crying out loud. TORSTAR NEWS SERVICE

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ADVERTISING FEATURE



GIVE YOUR GARDEN SOME LOVE: Time to prep your beds.

It's time to start digging in the dirt! From planting vegetable seeds, raking leaves, and pruning back winter kill, each year we remember to check off most of the boxes on the lawn and garden to do list. One item often seems to be forgotten however; amending the soil in your garden beds. After a year of growth and the long winter, most nutrients have been used up or have leached through the soil leaving little for existing and new plants to absorb in the upcoming growing season. Enhancing your soil with fertilizers and amendments will replenish the nutrients to ensure there's lots of

"food" available for your plants to grow strong and healthy. Early May is the best time to amend your gardens. In your ornamental beds, a healthy amount of black earth, composted manure, mixed with Gaia Green Organic Power Bloom fertilizer will help add a shot of macro and micronutrients to the plants. Planting vegetables? At time of the first planting, add Pro Mix Herb and Vegetable Mix, composted manure, kelp meal and fertilizer (Gaia Green organic all purpose or 8-12-6 Grow All our some of our favorites). Ensuring a good soil base is the start of a great garden!

STREAMING

Canadians dial in for even more music

Blasting songs through a smartphone is becoming an increasingly popular habit for Canadian music fans.

A new survey by Nielsen Music Canada found that about 53 per cent of listeners said they play their favourite tunes on their phone in a typical week.

That represents growth of 19 percentage points from a year ago, driven in part by the popularity of streaming music services.

The data comes as part of Nielsen's broader study of listening habits in its annual "Canada Music 360" survey.

Among other key findings, the survey showed that audiences are spending more time with music.

Fewer respondents said they played digital music from a downloaded collection. The dip was a slight three percentage points to 38 per cent, but it reflects sales declines that have affected digital retailers like

Apple's iTunes

Only a quarter of Canadian respondents said they played a compact disc in a typical week.

But Nielsen found 64 per cent of respondents still tuned into a terrestrial radio station in the early part of this year, a small increase of three percentage points from last year.

Nielsen conducted the online survey of about 1,300 adults between March 22 and 28.

Online surveys cannot be as-

signed a margin of error because they do not randomly sample the population. THE CANADIAN PRESS

32

On average, respondents said they played 32 hours of music weekly, about eight hours more than last year.

CELEBRITY

Cyrus going clean, falls for fiancé again

Miley Cyrus says she's "completely clean" after giving up marijuana.

Cyrus told *Billboard* magazine that she hadn't smoked marijuana in three weeks. She says that's the longest she's ever gone without it.

Cyrus also opened up about her relationship with fiancé Liam Hemsworth. She says they had to “refall for each other”

after their 2013 breakup.

The 24-year-old also discussed her performance at the MTV Video Music Awards in 2013. A scantily clad Cyrus shocked audiences with a rump-shaking performance alongside Robin Thicke. But she says she wasn't looking for attention by twerking on stage and was surprised by the reaction. THE ASSOCIATED PRESS

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Miley Cyrus THE ASSOCIATED PRESS

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72 hours in El Salvador

El Salvador has always been a traditional stopover en route to Costa Rica, Honduras or Belize. But there's so much more to see outside the capital city of San Salvador. Here's a guide to navigating the country in one, two or three days. **JENNIFER WEATHERHEAD HARRINGTON** FOR METRO



ALL PHOTOS ISTOCK

DAY 1

Climb a volcano and tour a coffee plantation

You can squeeze a lot into 24 hours in El Salvador and get a great grasp of the country's best offerings. Drop your bags off at a hotel and head to El Boquerón, the imposing volcano on the city's limits. You can hike around the edge of the crater (if you want to stretch those plane legs) or opt for the shorter route and drive to the top to get the panoramic views of San Salvador. In the afternoon, take a short trip outside San Salvador to Ataco. Colourful murals on nearly every wall make the town an Instagrammer's dream and it's also home to another one of El Salvador's famed exports — coffee. Tour the El Carmen State plantation and see the bean go from plant to cup, sip on some local brew, then hit up Ataco's tiny cafés to take in the country's best flavours.



DAY 2

Visit historic sites

With your next 24 hours, head to Suchitoto (stay at boutique hotel Los Almendros de San Lorenzo), a picturesque town surrounded by volcanoes, lakes and ancient sites like the indigenous city of Chalchuapa (home to the highest pyramids in the country). Continue your tour through Joya de Ceren, a UNESCO World Heritage Site preserved after being buried under volcanic ash from Loma Caldera in 660 BC (also known as the "Pompeii of America").



DAY 3

Chase some waves

A third day will allow you to take in the coast. After a stroll along the cobblestone streets of Suchitoto, grab a pupusa (a Salvadorian dish of meat, cheese and beans in a flat pastry) and get a glimpse of the impressive man-made Lago Suchitlan. Then get your surf gear on. El Salvador is known for its surfing, and the swells at the famed volcanic Playa El Tunco are legendary. Bring your beach shoes, because much of the beach is rocky mixed with black sand, and get set to tackle the waves with El Salvador Surf Camps (elsalvadorsurfcamps.com). Not into big waves? Park yourself on the beach or book a massage at the B Boutique Hotel.

Avianca offers direct flights from Toronto to San Salvador. This trip was hosted by the tourism board of El Salvador, which didn't review or approve this story.

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WINTER FUN

Just out for a rip in the snow

Sean Plummer

There's nothing more Canadian than snow. Toronto dentist J.W. Elliot invented (but never built) the rotary snow plough in 1869. But we don't just push snow out of the way — we also play on it.

Variations on the snowmobile had been around for decades, with Quebec company Bombardier launching the B7 in the winter of 1936.

Demand for the devices

declined after WWII, when Quebec began clearing snow off secondary routes (snowmobiles had principally been used to get around in snow-bound municipalities), so the company's founder, Joseph-Armand Bombardier, redesigned the hefty snowmobile into something lighter and sportier.

Originally called the Ski-Dog, a typographical error in a Bombardier brochure led to the product being renamed the Ski-Doo. (Bombardier also created the "personal watercraft" version of the Ski-Doo, the Sea-Doo.)

Today, "to ski-doo" is one way Canadians have winter fun or simply get around when the snow drifts pile up.



The Ski-Doo was invented in Quebec by Joseph-Armand Bombardier and has become a very Canadian way to enjoy winter. ISTOCK

Stay glassy

Made of around half a million empty embalming-fluid bottles, the Glass House on B.C.'s Kootenay Lake is a dream come true for recyclers and funeral-home directors.

Built in 1952 as a pet project by retired businessman David Brown, the home takes up 1,200 square feet and has become a tourist attraction and a shining example of the three Rs in practice.

SEAN PLUMMER



The Glass House on B.C.'s Kootenay Lake is made of half a million bottles. ISTOCK



The Wolverine Creek Wildlife Overpass in Banff National Park is one of twenty-four wildlife crossing structures built to connect habitats and wildlife populations. PHOTO BY TONY CLEVENGER

Crosswalks gone wild

We go out of our way to accommodate our wildlife — literally.

Parks Canada once built over- and underpasses along the Trans-Canada Highway to let animals cross safely through Banff National

Park. Grizzlies, moose and elk like passages that are high, wide, and short; black bears and cougars like long, low, narrow underpasses. And everyone likes to keep traffic moving.

SEAN PLUMMER

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A GARDENER'S PARADISE

Green thumbs set to flock to Chester-based garden centre for 18th season

Ken and Susan Mosher are looking forward to the 2017 season with great anticipation. As the owners of Oceanview Home and Garden in Chester, it's a time to discover new plants and garden products and to share them with their loyal clientele.

"Every year is exciting," says Susan. "We've always have something new that local gardeners haven't seen before."

With a convenient location at exit 8 on Highway 103, Oceanview has become an annual pilgrimage for gardeners from Halifax, the Annapolis Valley, Cape Breton and other parts of the province over the last 18 years.

"We're a real destination business," says Ken. "Gardeners come here because they know they are going to find everything they want in one stop: annuals, perennials, trees, shrubs, herbs, soil, tools, seeds, giftware, garden ornaments — the list goes on. Lots of varieties just not found elsewhere."

Those offerings include knowledge and advice. Most of the staff at Oceanview are gardeners themselves.

Susan is a trained horticulturalist who has a deep love for gardening and plants. She says that the secret to creating a show-piece garden is to add something unique — a plant, statue or feature that isn't often seen.

"Twenty years ago, there wasn't a lot of variety in the area. You were limited in the types of plants you could find at garden centres. The result was that everybody's garden ended up looking the same. Today we have hundreds of different plants available, so it's possible to find those unique pieces that will make your garden stand out," she says.

New plants this year include the Echinacea Smoothie Series in Cherry Melon, Raspberry Lychee and Strawberry Mango; the City Series Peonies including Dublin, London, Kiev, Oslo, Rome, Athens and Moscow; and sedum from the Sunsparker Series including Blue Elf, Cherry Tart, Dazzleberry, Firecracker, Lime Twister and Lime Zinger.

"Our perennial selection is over the top



CONTRIBUTED

this year," says Ken. "It's double what it was last year."

With such a huge selection, gardeners often spend hours browsing at Oceanview. Aside from shopping, they can relax and watch ducks and goldfish in the centre's large pond, or golfers can work on their short game at Oceanview's 1,700-square-

foot putting green.

"We make improvements every year to serve our clientele better," Ken says. "We are always adding new and interesting things as they become available. So if you're serious about gardening you should plan to visit more than once a year. It's a great way to spend a sunny day."

NBA prospect Lonzo Ball has unveiled his own Big Baller Brand signature shoe — the ZO2 Prime — at the whopping price of \$495 US

Hockey's necessary evil

2017 NHL PLAYOFFS
CONFERENCE SEMIFINALS

Glory, injuries come from shot blocking

Nothing says sacrifice for a hockey team like blocking a shot, no matter how dangerous.

Ian Laperriere took a puck to the face during the Flyers' run to the 2010 Stanley Cup final and was heralded as a hero, even though post-concussion symptoms blamed on the blow ended his career the following fall.

Gregory Campbell could barely skate on a broken leg after blocking a shot in 2013, but finishing his shift during the Bruins' run made him into a cult phenomenon in a sport that glorifies taking frozen rubber fired at more than 100 m.p.h. off whatever part of your body you choose — as long as you keep it out of the net.

Shot blocking is still an essential part of playoff hockey, though the risk-reward value of the time-honoured tradition filled with bruises and broken bones is being questioned like never before.

"I think shot blocking's a last resort," said Ian Cole, the Pittsburgh Penguins' shot-blocker extraordinaire. "It's not something that you try to go out and search for."

Hockey's analytics awakening has put a premium on holding on to the puck and attempting more shots than your opponent. By that measure of success, blocking too many shots means you're on the defensive too much.

"If you're blocking an absolute ton of shots, you're probably not having a very good game," Washington Capitals defenceman Matt Niskanen said. "You don't have the puck much and you're not closing on people. You're slow. They're playing way faster than you. They have too much space."

“

I'm sure there's some people that think it's great sacrifice, and I'm sure there's some people that think it's stupid and pointless.

Capitals defenceman
Brooks Orpik

The best teams still block shots, a necessary evil this time of year with scoring usually at a premium. The Penguins blocked 18 shots a game on the way to the championship last season and are averaging 19.3 so far in these playoffs.

More than likely a team blocking a ton of shots is enduring a ton of injuries. Just ask Ottawa Senators captain Erik Karlsson, who improved his shot-blocking prowess en route to another Norris Trophy nomination as the NHL's top



The Senators' Jean-Gabriel Pageau throws his body in front of a shot by the Rangers' Nick Holden on Tuesday in New York. BRUCE BENNETT/GETTY IMAGES

defenceman. Karlsson is also playing with two microfractures in one of his feet from blocking a shot late in the regular season.

Still, there isn't a coach around who will tell a player to get out of the way. Nor is there a player with his sights set on the Cup who will get out of the way even if it's risky.

"It's still mandatory," Niskanen said. "Every team's going to get opportunities to shoot the puck, so it's still a requirement to block it." THE ASSOCIATED PRESS

Go to metronews.ca for more playoff coverage

+ CROSBY UPDATE

Pittsburgh captain **Sidney Crosby** skated at the Penguins practice facility Thursday, two days after the team confirmed he suffered a concussion.

Penguins coach Mike Sullivan said Crosby is focused on his rehab and didn't provide an update on the star centre's availability for Game 5 vs. Washington. THE CANADIAN PRESS



IN BRIEF

Lowry questionable for Game 3 with a bum ankle
The Raptors may have to face Cleveland on Friday without Kyle Lowry.

Toronto's dogged point guard is questionable after spraining his left ankle in Wednesday's 125-103 loss to the Cavaliers.

Cleveland leads the series 2-0.

THE CANADIAN PRESS

Two cyclists booted from Giro d'Italia for doping

Two riders from the Italian team Bardiani CSF have been kicked out of the Giro d'Italia on the eve of their nation's biggest race after testing positive in an out-of-competition doping test.

The UCI, the sport's governing body, said Thursday that Nicola Ruffoni and Stefano Pirazzi returned positive tests for growth hormone-releasing peptides in samples collected last week. THE ASSOCIATED PRESS

Nationals' Harper leaves game with injured groin

Nationals slugger Bryce Harper left Thursday's 4-2 win over Arizona after hurting his left groin and is day to day, according to Washington manager Dusty Baker.

Harper said he felt the injury while diving to make a catch during the third inning but still batted three more times.

He is batting .376 with nine homers and 27 RBIs. THE ASSOCIATED PRESS

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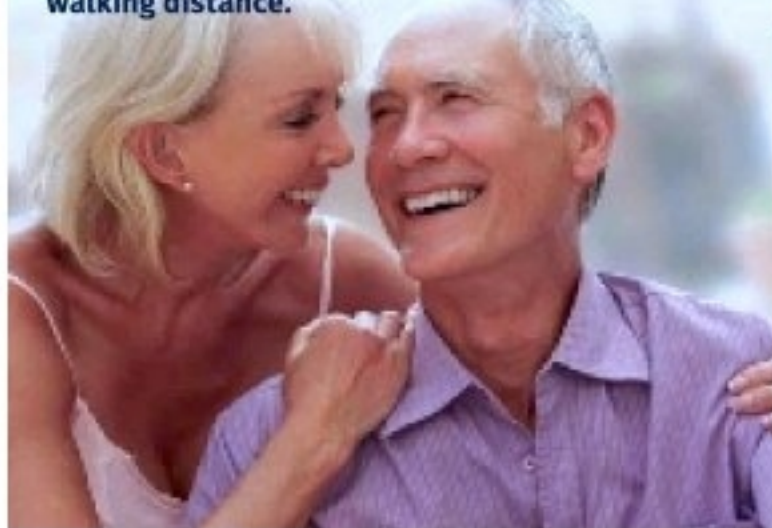
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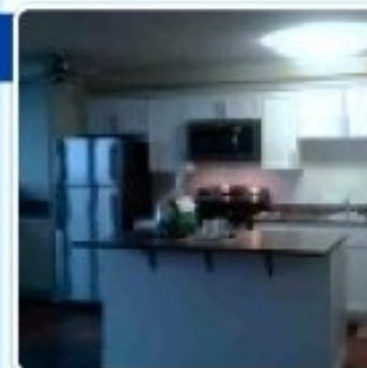
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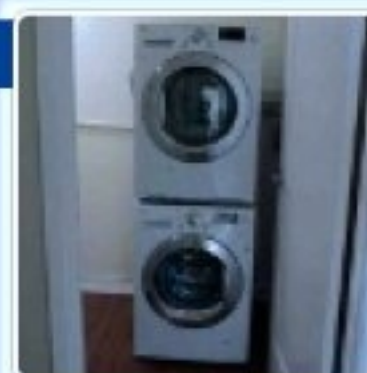
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For Metro Canada



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- 1/2 cup creamy natural peanut butter
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- 1 cup confectioner's sugar
- 8 oz chocolate, chopped (or chocolate chips)

Directions

1. In a bowl, mix peanut butter, sugar and butter together until

they form a dough. Shape into a ball, cover with plastic wrap and chill 15 minutes.

2. Pinch off a small bits of and roll into 1-inch balls. If too sticky, pop back in fridge for a few minutes.

3. Place balls on a parchment lined baking sheet and then in the freezer for half an hour.

4. Melt chocolate gently using a double boiler and then pour into a shallow bowl.

5. Using a toothpick, pick up each ball, dip it into the chocolate and then let excess drip off. Place each ball onto a clean parchment lined baking sheet. You can leave plain or sprinkle a pinch of sea salt or finely chopped nuts before the chocolate firms up

6. Refrigerate until you serve.

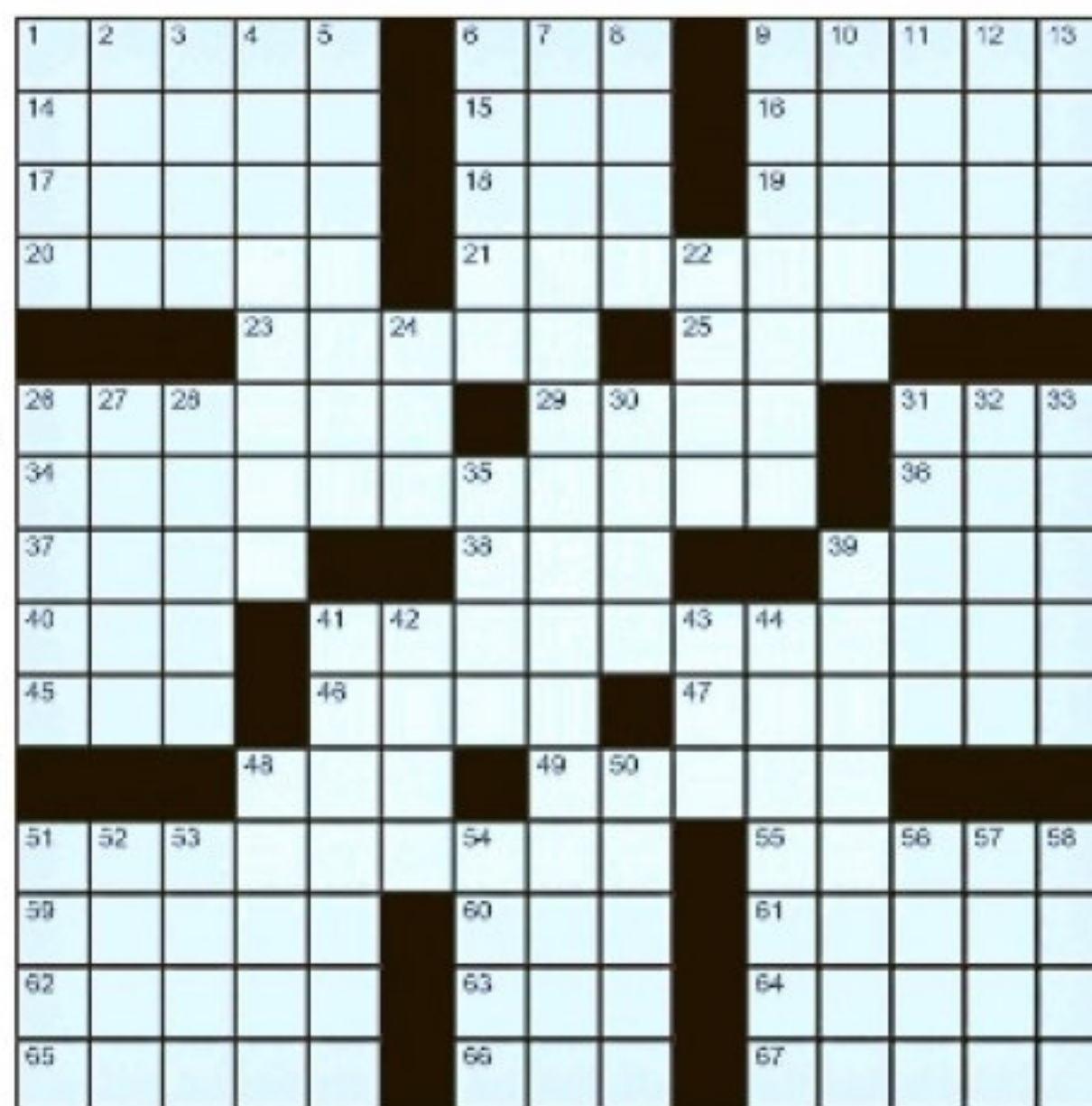
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ACROSS

1. Dove and Irish Spring
6. Mil. rank
9. Information session, e.g.: letter + wd. + letter
14. "Doctor Zhivago" (1965) character
15. 'Text' suffix
16. An archangel
17. Feminine name endings
18. Moulder
19. Regal-sounding bird
20. Aromatic resin
21. Canadian athletic chain store: 2 wds.
23. Musician Ms. Mann
25. Slangy one-eighty turn
26. Beach Boys' 1988 tropical hit
29. Hamilton expressway, The _
31. Arthurian title, briefly
34. Arctic _ (Baffin is one of its islands)
36. Scandinavian rug
37. Small estuaries
38. Understand
39. Sprays a famous cooking spray, say
40. Sea: French
41. Crosby, Stills & Nash song: 2 wds.
45. Mr. Pacino's
46. "The Brady Bunch" star, _ _ Davis
47. Actress Ms. Danner
48. Rock logo insurance co.
49. Village People gyms
51. Ringo's birthplace
55. Spectacles style, _-nez



59. Budget-saving prefix
60. Flier to Narita Intl. Airport
61. Illegally live in a dwelling
62. "I _ _ back-ing at all!"
63. 'Hect' add-on
64. Shania Twain's

- "(If You're Not in It for Love) I'm _ Here!"
65. "Now you _ _ now..."
66. Mag. edition
67. Twiggly retreats
- DOWN**
1. New Brunswick's motto: _ Reduxit
 2. Cheerios char-

- acteristic
3. Stars sci.
 4. Ancient Egyptian kings
 5. Raw fish of Japanese cuisine
 6. Hex
 7. As an in-motion rowboat: 3 wds.
 8. Jared of "Dallas Buy-

- ers Club" (2013)
9. Provincial park in northern Ontario bordering Minnesota
 10. Had _ (Competed on the track)
 11. Poetically approaching
 12. Proofreader's 'remove'

13. Director Mr. Ke-shishian
22. Ladder step
24. Floor-cleaning implement
26. John Lennon's "Instant _"
27. Projecting window
28. Barenaked Ladies' "If I Had \$1,000,000" styles of vehicles
30. 'Different' suffix
31. Brightly band-ed snake
32. Stage in a dragon-fly's life cycle
33. Montreal 'mug'
35. "Ghostbusters" (1984) - Dr. _ Spengler
39. Bodybuilder's build
41. Military command/strategy headquarters: 2 wds.
42. "Movin' _ _": "The Jeffersons" theme
43. Jimmy Fallon's station
44. Applies the paint in a way: 2 wds.
48. Short-tubed pasta
50. Titles for French misses [abbr.]
51. Tabletop's proper-uppers
52. Slurpee-like beverage
53. Mark a ballot
54. Bionic Woman's California hometown
56. Pecans
57. Carrie Chapman _ (American suffrage leader)
58. Airport scr. postings

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Clever you! You see ways to improve your health today. Likewise, you see ways to improve your job or to introduce reform where you work.

Taurus April 21 - May 21
Today you are resourceful when it comes to ideas about how to entertain yourself and others. You also will apply your clever mind to improving sports events or how sports are played.

Gemini May 22 - June 21
Look around where you live today to see how to improve bathroom areas, laundry areas and anything to do with plumbing, garbage and recycling. You can do this.

Cancer June 22 - July 23
When communicating with others today, you are strong and direct. That's why this is a good day for those in sales, marketing, teaching, acting and writing.

Leo July 24 - Aug. 23
Listen to your moneymaking ideas, because you can see a new way to boost your income today. You also might see how to improve something you own.

Virgo Aug. 24 - Sept. 23
Take a realistic look in the mirror today. How can you improve your appearance? (You never get a second chance to make a first impression.)

Libra Sept. 24 - Oct. 23
Secrets might come out today. Something you are involved with that is behind the scenes suddenly might reveal a new truth to you. If it's juicy, be discreet.

Scorpio Oct. 24 - Nov. 22
Your interaction with a female friend today is powerful. In fact, you might attract someone who seems strong to you. Whatever the case, this person might cause you to change your future goals.

Sagittarius Nov. 23 - Dec. 21
Bosses and parents will be impressed with your suggestions to improve something today. That's why you should just speak up. You're on the ball!

Capricorn Dec. 22 - Jan. 20
You have strong thoughts about politics, religion, philosophy and racial issues, which is why you should be careful when talking to others today.

Aquarius Jan. 21 - Feb. 19
You might see a better way to deal with shared property today. Perhaps you see a better arrangement about sharing something or dividing an inheritance.

Pisces Feb. 20 - March 20
During a discussion with a partner or close friend today, you actually might see how to improve the relationship itself. Oh yes, there's always room for improvement.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be canceled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible non-checkable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/CPG or Daily Rental incentives, the Commercial Light Program or the Commercial Fleet Incentive Program (CFIP). *Ford is the best-selling line of SUV in Canada based on Canadian Vehicle Manufacturers' Association statistical sales report up to year end 2016. †Until May 18, 2017, lease a new 2017 ESCAPE SE 4WD 201A for up to 60 months and get 0.99% APR on approved credit (DAC) from Ford Credit Canada Company. Not all buyers will qualify for the lowest APR payment. Lease 2017 ESCAPE SE 4WD 201A with a value of \$32,389 (after \$3,650 down payment or equivalent trade-in and \$0 manufacturer rebate deducted and including freight and air tax of \$1,790) with an optional buyout of \$11,267.26. Monthly payment is \$298.85, (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of \$137.93), total lease obligation is \$21,595.18, interest cost of leasing is \$973.44 or 0.99% APR. Additional payments required for registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Lease offer includes PPSA but excludes options, license, fuel fill charge, insurance, dealer PDI, administration fees, and taxes. Some conditions and mileage restriction of 80,000 km for 60 months applies. Excess kilometre charges are 12¢ per km, plus applicable taxes. Excess kilometre charges subject to change, see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. ‡Until May 31, 2017, Canadian residents may receive a \$750 Spring Bonus towards the purchase or lease of a new 2017 Escape ("Eligible Vehicle"). Only one (1) bonus offer may be applied towards the purchase or lease of one (1) Eligible Vehicle. Taxes payable before offer amount is deducted. Offer is not redeemable. ††SYNC Connect includes SYNC Connect service for five years; after which fees apply. ‡‡Features/functionality vary by vehicle/model. Don't drive while distracted. Use voice-operated systems when possible; don't use handheld devices while driving. Some features may be locked out while the vehicle is in gear. Not all features are compatible with all phones. Message and data rates may apply. Optional Navigation system map updates cannot be received via wi-fi and require a separate update. †††Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. ©2017 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2017 Ford Motor Company of Canada, Limited. All rights reserved.



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